

September



Stroudwater Activities



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
												1 9:30am Seated Yoga LY 10:45am Ukulele w/ Lee GR 1:30pm Spectacular Sing Along LB 2:00pm Rolling Refreshments BW 2:30pm Van Trip: Kohl's shopping O 4:00pm Afternoon Crafts LY 5:45pm Evening Movie GR w/popcorn	2 9:30am Coffee and News LB 11:00am Fashion Club LY 1:00pm Manicures and Pampering LY 2:00pm Rolling Refreshments BW 3:15pm Bingo Bonanza LY 4:00pm Jukebox Social SSR 5:45pm Evening Tea & Games GR
3 9:30am Coffee & Poetry LB 10:30am Freddie the Poodle Visit BW 11:00am Seated Cycling GR 1:30pm Sunday Worship GR 2:00pm Rolling Refreshments BW 3:30pm Live Music - Bess LB 5:30pm Evening Movie-TBA GR	4 Happy Labor Day 9:30am Gardening Club/Feeders BW 11:00am History of Coffee GR 1:15pm Bingo Bonanza GR 2:00pm Rolling Refreshments BW 2:00pm Seated Yoga LY 3:30PM Autumn craft LY 5:45pm Movie-On Golden Pond GR	5 National Cheese pizza Day 9:30am Coffee & Storytelling LB 11:15am History of the Pizza Pie LY 2:00pm Pet visits w/Kerri LB 2:00pm Rolling Refreshments BW 3:00pm Vitality Tai Chi w/Michael LY 4:00pm Sing Along w/Anne LB 5:45pm Movie Time GR	6 National Beer Lovers Day 9:30am Communion BW 11:00am Travel Club-England LY 1:30pm- Manicures and Hand SSR 3:00pm Massage SSR 3:30pm Beer & Cheese Social LB 5:45pm Evening Movie-TBA GR	7 11:00am Music and Dance w/Daniela LY 11:30am Barbecue Cookout DR 1:00pm- Portland Wheelers Cycling O 2:00pm Rolling Refreshments BW 3:30pm Bingo Bonanza LY 5:45pm Evening Movie GR	8 9:30am Coffee & Comedy Club LB 11:00am Walking Club/Bird Feeders CY 1:15pm Adult Coloring LY 2:00pm Rolling Refreshments BW 2:30pm Van Trip- Apple Orchard O 4:15pm Sensory Room visits BW 5:45pm Evening Movie w/popcorn GR	9 9:30am Fashion Club LY 11:00am Morning Exercise w/Dyllan CY 1:00pm Manicures and Pampering LY 2:00pm Rolling Refreshments BW 3:30pm History Club-On this Day LY 4:00pm Jukebox Social SSR 5:45pm Evening Movie GR							
10 Circle of Friends Week		11 Circle of Friends Week		12 Circle of Friends Week		13 Circle of Friends Week		14 Circle of Friends Week		15 Circle of Friends Week		16 Circle of Friends Week	
9:30am Coffee & News LB 10:30am Walk In the Park LY 11:00am Tree Art Crafts LY 1:30pm Sunday Worship GR 2:00pm Rolling Refreshments BW 3:30pm Grand Parents Day LY Ice Cream Sundae Social GR	9:45am Gardening Club/bird feeders BW 11:00am Pass the "Acorn " game CY 1:30pm Leaf Art Creations LY 2:00pm Rolling Refreshments BW 3:30pm Live Music: Monique LB 5:45pm Movie-Mama Mia GR	9:30am Coffee and Current Events LY 11:00am Making Moms Apple Crisp SD 1:30pm Family Tree Craft LY 2:00pm Rolling Refreshments BW 2:00pm Pet visits w/Kerri BW 3:30pm Coffee, Apple Crisp & stories LY 5:45pm Movie-Father of the Bride GR	9:30am Communion BW 11:00am Travel Club-Ireland LY 1:30pm Tree Art LY 1:30-3:00 Manicures and Hand Massage SSR 3:30pm Wine & Cheese Social LB 5:45pm Movie-Seven Brides for Seven Brothers GR	11:00am Music and Exercise LY 11:30am Barbecue Cookout DR 1:30pm Timeslips LY 2:00pm Rolling Refreshments BW 3:00pm Leaf printing Art GR 4:15pm Walk In the Park O 5:45pm Movie-The Parent Trap GR	9:30am Fallbrook Family Photo booth LY 11:00am Famous Families. Who are LB 1:30pm Tree Art LY 2:00pm Rolling Refreshments BW 2:30pm Van Trip-Mainly Custard O 4:00pm Bowl A Rama GR 5:45pm Evening Movie-w/popcorn GR	9:30am Sports in the Park O 11:00am Manicures and Pampering LY 1:00pm Knitting Club LY 2:00pm Rolling Refreshments BW 3:30pm Oktoberfest Celebration LY 5:45pm Ice Cream Bar Social BW							
17 9:30am Coffee and Comedy Time LB 10:30am Freddie the Poodle Visit BW 11:00am Travel Club-Disney World LY 1:30pm Sunday Worship GR 2:00pm Rolling Refreshments BW 3:30pm Live Music - Lee Todd LB 5:45pm Evening Movie GR	18 9:30am Gardening Club/Bird O 11:15am Indoor Cycling GR 1:30am Bingo Bonanza LY 2:00pm Rolling Refreshments BW 3:30pm History of October Fest LY 5:45pm Movie Time GR	19 9:30am Coffee & Poetry LB 11:00am Morning Exercise LY 2:00pm Pet visits w/Kerri BW 2:00pm Rolling Refreshments BW 3:00pm Vitality Tai Chi w/Michael LY 4:15pm Let's Bake Together SD 5:45pm Movie Time GR	20 9:30am Communion BW 11:00am Travel Club-Germany LY 1:30pm- Manicures and Hand SSR 3:00pm Massage SSR 3:30pm Wine & Cheese Social LB 5:45pm Evening Movie GR	21 11:00am Music and Movement w/Daniela LY 11:30am Barbecue Cookout DR 1:30pm Adult coloring Club LY 2:00pm Rolling Refreshments BW 2:00pm Portland Wheelers Cycling BW 4:00pm Stupendous Sing Along CY 5:45pm Evening Movie GR	22 9:30am Morning Yoga LY 10:30pm Autumnal Equinox LB 1:15pm Poetry Club LY 2:00pm Rolling Refreshments BW 2:30pm Van Trip-Holy Donut O 4:15pm Time slips LY 5:45pm Evening Movie w/popcorn GR	23 9:30am Crochet Club LY 11:00am Fashion Club LB 1:15pm Manicures GR 2:00pm Rolling Refreshments BW 3:30pm Pedicures and Pampering LY 4:00pm Jukebox Social SSR 5:45pm Evening Tea GR							
24 9:30am Coffee & News LB 10:30am Dog Visit: Echo BW 11:00am Floral Arranging LY 1:30pm Sunday Worship GR 2:00pm Rolling Refreshments BW 3:30pm Live Music - Glenn LB 5:45pm Evening Movie GR	25 9:45am Gardening Club/bird feeders O 11:15am Indoor Cycling LY 1:30pm Bingo Bonanza LY 2:00pm Rolling Refreshments BW 3:30pm Resident Council LY 5:45pm Evening Movie GR	26 9:30am Coffee & Comedy LB 11:15am Fall Baking w/Anne SD 2:00pm Pet visits w/Kerri BW 2:00pm Rolling Refreshments BW 3:00pm Vitality Tai Chi w/Michael GR 4:15pm Time slips LY 5:45pm Movie Time GR	27 9:30am Communion BW 11:00am Travel Club-Grand Canyon LY 1:30pm- Manicures and Hand SSR 3:00pm Massage SSR 3:30pm Wine & Cheese Social LB 5:45pm Evening Movie GR	28 11:00am Seated Yoga LY 11:30am Barbecue Cookout DR 1:30pm Sensory Room visits LY 2:00pm Rolling Refreshments BW 3:30pm Bingo Bonanza LY 5:45pm Evening Movie GR Portland Public Library	29 9:30am Coffee & News LB 11:00am Painting Fun LY 1:15pm Baking w/Missy SDR 2:00pm Rolling Refreshments BW 2:30pm Van Trip-Mystery Ride? O 4:15pm Stupendous Sing Along LB 5:45pm Evening Movie w/popcorn GR	30 9:30am Crochet Club LY 11:00am Sports in the Park CY 1:15pm Manicures GR 2:00pm Rolling Refreshments BW 3:30pm Autumn Craft LY 4:00pm Jukebox Social SSR 5:45pm Evening Tea GR							

Activity Locations

CR	Center Courtyard	SDR	Secure Dining Room
GR	Game Room	SSR	Secure Sitting Room
LB	Lobby	DR	Dining Room
LY	Library	BW	Building Wide
PM	Payson Movie Room	DRP	Patio outside DR
SA	Salon	O	Outside
SCY	Secure Courtyard	PDR	Private Dining Room



