Fallbrook Woods
residential care offered with choices in mind

Payson Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 May Day 9:45am Rolling Refreshments BW 10:45am Morning Walking O 11:45am Lunch DR 1:15pm Watercolor Painting SD 2:00pm Rolling Refreshments BW 3:00pm Vitality Tai Chi LB 4:15pm Hand Massage SSR 4:45pm Dinner DR 6:15pm Tranquility Room BW	**2** 9:30am Communion BW 9:45am Rolling Refreshments BW 10:45am Sensory Video/Music SSR 11:30am Out to lunch with Barry SD 1:00pm Manicures and Massage SSR 3:30pm Wine & cheese social w/ Per and Sorcha LB 4:45pm Dinner SD 6:15pm Evening Engagement SSR	**3** 9:45am Rolling Refreshments BW 9:45am Creative Painting w/ Nancy SSR 11:30am Lovely Ladies Luncheon SDR 1:15pm Photography Club SSR 2:00pm Rolling Refreshments BW 3:45pm Tranquility Room BW 4:45pm Dinner SDR 6:15pm Book Club & Ice Cream SSR	**4** 9:45am Rolling Refreshments BW 10:30am Ukulele Lee LY 11:45am Lunch SDR 1:15pm Balloon Game SSR 2:30pm Walks outside O 3:00pm Love on a Leash w/Kerri BW 4:15pm Resident Pianist SSR 4:45pm Dinner SDR 6:15pm Evening Engagement SSR	**5** Cinco de Mayo 9:45am Rolling Refreshments BW 10:45am Balloon Volleyball SSR 11:45am Lunch SDR 1:15pm Sing-A-Long SSR 2:15pm Rolling Refreshments BW 3:30pm Cinco de Mayo Social LY 4:45pm Dinner SDR 6:15pm Evening Engagement SSR
6 9:45am Rolling Refreshments BW 10:30am Sing-A-Long SSR 11:45am Lunch SDR 1:15pm Church SSR 2:00pm Rolling Refreshments BW 2:00pm Live Music w/ Lee Todd LB 4:45pm Dinner SDR 6:15pm Poetry Time SSR	**7** 9:45am Rolling Refreshments BW 10:45am Learning Exercise SSR 11:45am Lunch SDR 1:15pm Balloon Volleyball SSR 2:00pm Rolling Refreshments BW 3:15pm Creative Coloring SSR 4:45pm Dinner SDR 6:15pm Movie & Milkshakes SSR	**8** 9:45am Rolling Refreshments BW 10:45am Walking Yoga O 11:45am Lunch SD 1:15pm Creative Coloring SSR 2:00pm Rolling Refreshments BW 3:00pm Vitality Tai Chi LB 4:45pm Dinner SD 6:15pm Tranquility Room BW	**9** 9:30am Communion BW 9:45am Rolling Refreshments BW 10:45am Sensory Video SSR 11:30am Out to lunch with Barry SD 1:15pm Manicures & Massages SSR 3:30pm Wine & cheese social w/ Jose' Duddy LB 4:45pm Dinner SD 6:15pm Evening Engagement SSR	**10** 9:45am Rolling Refreshments BW 10:30am Singing w/ "Low Commotion" LB 11:45am Lovely Ladies Luncheon SDR 1:15pm Photography Club SSR 2:00pm Rolling Refreshments BW 3:30pm Tranquility Room BW 4:45pm Dinner SDR 6:15pm Ice Cream Social SSR	**11** 9:45am Rolling Refreshments BW 10:45am Balloon Volleyball SSR 11:45am Lunch SDR 1:15pm Spring Crafts SSR 2:00pm Rolling Refreshments BW 2:30pm Walking Club O 3:30pm Poetry Club SSR 4:15pm Resident Pianist SSR 6:15pm Movie w Drinks and Popcorn SSR	**12** 9:45am Rolling Refreshments BW 10:30am Ball Toss SSR 11:15am Complete the Phrase SSR 11:45am Lunch SDR 2:00pm Rolling Refreshments BW 3:30pm Spring Dance Social SSR 4:45pm Dinner SDR 6:15pm Evening Engagement SSR
13 Mother's Day 9:45am Rolling Refreshments BW 10:30am Freddie the dog visit SSR 11:45am Lunch SDR 1:30pm Church SSR 2:00pm Rolling Refreshments BW 3:30pm Live Music w/ Bess Jacques LB 4:45pm Dinner SDR 6:15pm Movie Time SSR	**14** 9:45am Rolling Refreshments BW 10:45am Ball Toss SSR 11:45am Lunch SDR 1:15pm History Club SSR 2:00pm Rolling Refreshments BW 3:30pm Sensory Video SSR 4:45pm Dinner SDR 6:15pm Movies & Milkshakes SSR	**15** 9:45am Rolling Refreshments BW 10:45am Photography Club SSR 11:45am Lunch SD 1:15am Dancing w Danielle SSR 2:00pm Rolling Refreshments BW 3:00pm Vitality Tai Chi LB 4:00pm Book Club SSR 4:45pm Dinner SD 6:15pm Music and Massage SSR	**16** 9:30am Communion BW 9:45am Rolling Refreshments BW 10:45am Sensory Video SSR 11:50pm Out to Lunch with Barry SD 1:15pm Manicures and Massage SSR 3:30pm Wine & Cheese w/ Larry LB 4:45pm Dinner SD 6:15pm Evening Engagement SSR	**17** 9:45am Rolling Refreshments BW 9:45am Creative Painting w/ Nancy SSR 11:45am Lunch SDR 1:15pm Colorful Crafts SSR 2:00pm Rolling Refreshments BW 3:30pm Hand Massage SSR 4:15pm Tranquility Room BW 4:45pm Dinner SDR 6:15pm Ice cream Social SSR	**18** 9:45am Rolling Refreshments BW 10:45am Morning Stretch SSR 11:45am Lunch SDR 1:15pm Photography Club SSR 2:00pm Rolling Refreshments BW 3:00pm Love on a Leash w/Kerri SSR 4:15pm Resident Pianist SSR 4:45pm Dinner SDR 6:00pm Movie & Ice Cream SSR	**19** 9:45am Rolling Refreshments BW 10:30am Morning Stretch SSR 11:45am Lunch SDR 1:15pm Pass the Hat Sing-A-Long SSR 2:00pm Rolling Refreshments BW 3:30pm Social Music Hour SSR 4:45pm Dinner SDR 6:15pm Evening Engagement SSR
20 Circle of Friends Week 9:45am Rolling Refreshments BW 10:30am Balloon Toss SSR 11:45am Lunch SDR 1:30pm Church SSR 2:00pm Rolling Refreshments BW 3:30pm Live Music w/ Glenn LB 4:45pm Dinner SDR 6:15pm Evening Engagement SSR	**21** Circle of Friends Week 9:45am Rolling Refreshments BW 10:45am Morning Exercise SSR 11:45am Lunch SDR 1:15pm Story telling SSR 2:00pm Rolling Refreshments BW 3:30pm Live Music w/ Monique LB 4:45pm Dinner SDR 6:15pm Movie & Milkshakes SSR	**22** Circle of Friends Week 9:45am Rolling Refreshments BW 10:45am Balloon Game SSR 11:45am Lunch SD 1:15pm Flower Arranging SSR 2:00pm Rolling Refreshments BW 3:00pm Vitality Tai Chi LB 4:00pm Sensory Boxes SSR 4:45pm Dinner SD 6:15pm Music & Massage SSR	**23** Circle of Friends Week 9:30am Communion BW 9:30am Rolling Refreshments BW 10:45am Sensory Video SSR 11:30am Out to Lunch w Barry SD 1:15pm Manicure & Massage SSR 3:30pm Wine & Cheese w/ Lee Todd LB 4:45pm Dinner SD 6:15pm Evening Engagement SSR	**24** Circle of Friends Week 9:45am Rolling Refreshments BW 10:45am Sensory Video SSR 11:30am Lovely Ladies Luncheon SDR 1:15pm Walking Club O 2:00pm Rolling Refreshments BW 3:30pm Artistic Expression SSR 4:45pm Dinner SDR 6:15pm Ice Cream Social SSR	**25** Circle of Friends Week 9:45am Rolling Refreshments BW 10:45am Ball Toss SSR 11:45am Lunch SDR 1:15pm Water Color Painting SSR 2:00pm Rolling Refreshments BW 2:30pm Poetry Club SSR 3:30pm Dance Social LY 4:45pm Dinner SDR 6:15pm Evening Engagement SSR	**26** Circle of Friends Week 9:45am Rolling Refreshments BW 10:30am Sing-A-Long SSR 11:45am Lunch SDR 1:15pm Story Time SSR 2:00pm Rolling Refreshments BW 3:30pm Music & Dancing SSR 4:45pm Dinner SDR 6:15pm Evening Engagement SSR
27 9:45am Rolling Refreshments BW 10:30am Freddie the Dog Visit SSR 11:45am Lunch SDR 1:30pm Church SSR 2:00pm Rolling Refreshments BW 3:30pm Live Music w/ Monique LB 4:45pm Dinner SDR 6:15pm Story Telling SSR	**28** 9:45am Rolling Refreshments BW 10:45am Resident Council Meeting SSR 11:45am Lunch SDR 1:15pm Balloon Game SSR 2:00pm Rolling Refreshments BW 3:30pm Live Music w/ Laurence SSR 4:45pm Dinner SDR 6:15pm Movies & Milkshakes SSR	**29** 9:45am Rolling Refreshments BW 10:45am Ball Toss SSR 11:45am Lunch SD 1:15pm Spring Time Coloring SSR 2:00pm Rolling Refreshments BW 3:00pm Vitality Tai Chi LB 3:30pm Crafting SSR 4:45pm Dinner SDR 6:15pm Music & Massage SSR	**30** 9:30am Communion BW 9:30am Rolling Refreshments BW 10:45am Sensory Video SSR 11:30am Out to Lunch w Barry SD 1:15pm Manicure & Massage SSR 3:30pm Wine & Cheese w/ Glenn LB 4:45pm Dinner SDR 6:15pm Evening Engagement SSR	**31** 9:45am Rolling Refreshments BW 10:45am Sensory Video SSR 11:30am Lovely Ladies Luncheon SDR 1:15pm Spring in Colors SSR 2:00pm Rolling Refreshments BW 3:30pm Sing along Social SSR 4:45pm Dinner SDR 6:15 Ice Cream Social SSR		

Activity Locations

CY	Center Courtyard
GR	Game Room (Stroudwater)
LB	Lobby
LY	Library
PM	Payson Movie Room
SA	Salon
SCY	Secure Courtyard

SDR	Secure Dining Room
SSR	Secure Sitting Room
DR	Dining Room
BW	Building Wide
DRP	Patio outside DR
O	Outside
PDR	Private Dining Room