

# September

## Payson Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<b>1</b> 9:45am Rolling Refreshments BW 10:45am Balloon Volleyball SSR 1:15pm Flower Arranging SSR 2:00pm Rolling Refreshments BW 3:30pm Gardening Club SCY 6:15pm Storytelling SSR
						<b>2</b> 9:45am Rolling Refreshments BW 10:30am Sing-A-Long SSR 11:45am Sunday Lunch w/ Dyllan PDR 1:15pm Sunday Worship GR 2:00pm Rolling Refreshments BW 3:30pm Mystery Bin Activity SSR 6:15pm Poetry Time SSR
<b>9</b> <b>Circle of Friends Week</b> 9:45am Rolling Refreshments BW 10:30am Freddie the Dog Visit BW 11:45am Sunday Lunch w/ Dyllan PDR 1:00pm <b>Patriots vs Texans</b> LY 1:15pm Sunday Worship GR 2:00pm Rolling Refreshments BW 3:30pm <b>Live Music w/ Lee Todd</b> LB 6:15pm Poetry Time SSR	<b>10</b> <b>Circle of Friends Week</b> 9:45am Rolling Refreshments BW 10:45am Morning Exercise SSR 1:15pm Gardening Club SCY 2:00pm Rolling Refreshments BW 3:30pm Packing for a Picnic SSR 6:15pm Evening Movie PM	<b>11</b> <b>Circle of Friends Week</b> 9:45am Rolling Refreshments BW 10:45am National Geographic SSR 1:15pm Beach Ball Games SSR 2:00pm Rolling Refreshments BW 3:00pm <b>Vitality Tai Chi</b> LB 4:00pm Walks Outside CY 6:15pm Music and Massage SSR	<b>12</b> <b>Circle of Friends Week</b> 9:30am Communion BW 9:45am Rolling Refreshments BW 10:45am Prayer Reading SS 11:45am Out to Lunch with Barry PD 1:15pm Manicures & Massage SS 2:30pm Rolling Refreshments BW 3:30pm Musical Expression SS 3:30pm <b>Wine &amp; Cheese w/ Glenn</b> SS 6:15pm Prayer Reading SS	<b>13</b> <b>Circle of Friends Week</b> 9:45am Rolling Refreshments BW 9:45am National Geographic SSR 11:45am Lovely Ladies Luncheon PDR 1:15pm Artistic Expression SSR 2:00pm Rolling Refreshments BW 3:30pm Poetry Club SSR 6:15pm Sing Along Video SSR	<b>14</b> <b>Circle of Friends Week</b> 9:45am Rolling Refreshments BW 10:30am Walks Outside CY 1:15pm Photography Club SSR 2:00pm Rolling Refreshments BW 2:30pm Van Outing O 3:00pm Painting Club SSR 4:15pm Outdoor Activities CY 6:00pm Aromatherapy SSR	<b>15</b> <b>Circle of Friends Week</b> 9:45am Rolling Refreshments BW 10:30am Morning Stretch SSR 1:15pm Gardening Club SCY 2:00pm Rolling Refreshments BW 3:30pm Poetry Club SSR 6:15pm Storytelling SSR
<b>16</b> 9:45am Rolling Refreshments BW 10:30am Coffee & Croissants SSR 11:45am Sunday Lunch w/ Dyllan PDR 1:15pm Sunday Worship GR 2:00pm Rolling Refreshments BW 3:30pm <b>Live Music w/ Bess</b> LB 4:25pm <b>Patriots vs Jaquars</b> LY 6:15pm Poetry Time SSR	<b>17</b> 9:45am Rolling Refreshments BW 10:45am Morning Exercise SSR 1:15pm Gardening Club SCY 2:00pm Rolling Refreshments BW 3:30pm Photo Book Travels SSR 6:15pm Evening Movie PM	<b>18</b> 9:45am Rolling Refreshments BW 10:45am Dancing with Daniela SSR 1:15pm Flower Arranging SSR 2:00pm Rolling Refreshments BW 3:00pm <b>Vitality Tai Chi</b> LB 4:00pm Walking Yoga SSR 6:15pm Music & Massage SSR	<b>19</b> 9:30am Communion BW 9:30am Rolling Refreshments BW 10:45am National Geographic SS 11:45am Out to Lunch with Barry PD 1:15pm Manicure & Massage SS 2:30pm Rolling Refreshments BW 3:30pm Musical Expression SS 3:30pm <b>Wine &amp; Cheese w/ Jose</b> SS 6:15pm Prayer Reading SS	<b>20</b> 9:45am Rolling Refreshments BW 9:45am Morning Exercise SSR 11:30am Lovely Ladies Luncheon PDR 1:15pm Travel Club SSR 2:00pm Rolling Refreshments BW 3:30pm Gardening Club SCY 6:15pm Sing Along Video SSR	<b>21</b> 9:00am <b>Portland Wheelers</b> O 9:45am Rolling Refreshments BW 10:45am Beach Ball Games SSR 1:15pm Water Color Painting SSR 2:00pm Rolling Refreshments BW 2:30pm Van Outing O 3:00pm Outdoor Activities CY 6:15pm Aromatherapy SSR	<b>22</b> 9:45am Rolling Refreshments BW 10:30am Sing-A-Long SSR 1:15pm <b>Gardening Club</b> SCY 2:00pm Rolling Refreshments BW 3:30pm Walks Outside CY 6:15pm Storytelling SSR
<b>23</b> 9:45am Rolling Refreshments BW 10:30am Freddie the Dog visit BW 11:45am Sunday Lunch w/ Dyllan PDR 1:15pm Sunday Worship GR 2:00pm Rolling Refreshments BW 3:30pm <b>Live Music w/ Sorcha</b> LB 6:15pm Poetry Time SSR 8:20pm <b>Patriots vs Lions</b> LY	<b>24</b> 9:45am Rolling Refreshments BW 10:45am Photography Club SSR 1:15pm Gardening Club SCY 2:00pm Rolling Refreshments BW 3:30pm Resident Council LY 6:15pm Evening Movie PM	<b>25</b> 9:45am Rolling Refreshments BW 10:45am Beach Ball Games SSR 1:15pm Artistic Expression SSR 2:00pm Rolling Refreshments BW 3:00pm <b>Vitality Tai Chi</b> LB 4:00pm Crafting Projects SSR 6:15pm Music & Massage SSR	<b>26</b> 9:30am Communion BW 9:45am Rolling Refreshments BW 10:45am Artistic Expression SS 11:45am Out to lunch with Barry PD 1:15pm Manicures & Massages SS 2:30pm Rolling Refreshments BW 3:30pm Musical Expression SS 3:30pm <b>Wine &amp; Cheese w/ Tom</b> SS 6:15pm Prayer Reading SS	<b>27</b> 9:45am Rolling Refreshments BW 9:45am <b>Creative Painting w/ Nancy</b> LY 11:45am Lovely Ladies Luncheon PDR 1:15pm Poetry Club SSR 2:00pm Photography Club SSR 2:30pm Rolling Refreshments BW 4:00pm Beach Ball Games SSR 6:15pm Sing Along Video SSR	<b>28</b> 9:45am Rolling Refreshments BW 10:45am Artistic Expression SSR 1:15pm Beach Ball Games SSR 2:00pm Rolling Refreshments BW 2:30pm Van Outing O 3:00pm Gardening Club SCY 3:30pm Outdoor Activities CY 6:15pm Aromatherapy SSR	<b>29</b> 9:45am Rolling Refreshments BW 10:45am Balloon Volleyball SSR 1:15pm Gardening Club SCY 2:00pm Rolling Refreshments BW 3:30pm Artistic Expression SSR 6:15pm Storytelling SSR
<b>30</b> 9:45am Rolling Refreshments BW 10:30am Sing-A-Long SSR 11:45am Sunday Lunch w/ Dyllan PDR 1:00pm <b>Patriots vs Dolphins</b> LY 1:15pm Sunday Worship GR 2:00pm Rolling Refreshments BW 3:30pm <b>Live Music w/ Flash</b> SSR 6:15pm Poetry Trime SSR						

### Activity Locations

CY	Center Courtyard
GR	Game Room (Stroudwater)
LB	Lobby
LY	Library
PM	Payson Movie Room
SA	Salon
SCY	Secure Courtyard

SDR	Secure Dining Room
SSR	Secure Sitting Room (Payson)
DR	Dining Room
BW	Building Wide
DRP	Patio outside DR
O	Outside
PDR	Private Dining Room

### Meal Times

Breakfast	7:45am
Lunch	11:45am
Dinner	4:45pm

\*\*Special lunches are listed on the calendar\*\*