





Stroudwater Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30am Rolling Refreshments BW 10:00am Bingo LY 1:30pm Trivia LY 2:00pm Rolling Refreshments BW 3:00pm Afternoon Coffee Talk LB 5:45pm Evening Movie GR	2 9:30am Rolling Refreshments BW 10:00am Bingo LY 1:15pm Fall Arts and Crafts GR 2:00pm Rolling Refreshments BW 3:00pm Vitality Tai Chi LB 3:30pm What's Cooking? GR 5:45pm Evening Movie GR	3 9:30am Communion BW 9:30am Rolling Refreshments BW 10:30am Courtyard Yoga CY 1:15pm Manicures GR 2:00pm Rolling Refreshments BW 3:30pm Wine & Cheese w/ Flash LB 5:45pm Evening Movie GR	4 9:30am Rolling Refreshments BW 9:45am Creative Painting w/ Nancy LY 1:15pm Bingo LY 2:00pm Rolling Refreshments BW 3:00pm Outside Walks O 5:45pm Evening Movie GR 8:20pm Patriots vs. Colts LY	5 9:00am Portland Wheelers O 9:30am Rolling Refreshments BW 10:30am Ukelele Lee LY 1:15pm Mini Golf GR 2:00pm Rolling Refreshments BW 2:30pm Sing-A-Long LB 3:30pm Van Outing O 5:45pm Evening Movie GR	6 9:30am Rolling Refreshments BW 10:30am History Club LY 1:15pm Autumn Crafts GR 2:00pm Rolling Refreshments BW 3:00pm Outside Walks O 5:45pm Evening Movie GR
7 9:30am Rolling Refreshments BW 10:30am Coffee & News LB 1:15pm Sunday Worship GR 2:00pm Rolling Refreshments BW 3:30pm Live Music w/ Lee Todd CY 5:45pm Evening Movie GR	8 9:30am Rolling Refreshments BW 10:00am Mini Golf LB 1:15pm Fall Crafts CY 2:00pm Rolling Refreshments BW 3:30pm Art Appreciation GR 5:45pm Evening Movie GR	9 9:30am Rolling Refreshments BW 10:00am Bingo LY 1:15pm Arts and Crafts GR 2:00pm Rolling Refreshments BW 3:00pm Vitality Tai Chi LB 3:30pm What's Cooking? GR 5:45pm Evening Movie GR	10 9:30am Communion BW 9:30am Rolling Refreshments BW 10:30am Courtyard Yoga CY 1:15pm Manicures GR 3:30pm Wine & Cheese w/ Glenn LB 5:45pm Evening Movie GR	11 9:30am Rolling Refreshments BW 10:00am Bingo LY 1:15pm Travel Club LY 2:00pm Rolling Refreshments BW 3:00pm Outside Walks O 5:45pm Evening Movie GR	12 9:30am Rolling Refreshments BW 10:30am Artistic Expression GR 1:15pm Jewelry Making GR 2:00pm Rolling Refreshments BW 2:00pm Baking with Missy LY 2:30pm Sing-A-Long LY 3:30pm Van Outing O 5:45pm Evening Movie GR	13 9:30am Rolling Refreshments BW 10:30am Travel Club LY 1:30pm Napkin Folding GR 2:00pm Rolling Refreshments BW 3:30pm Apple Cider Social LB 5:45pm Evening Movie GR
14 <i>Circle of Friends Week</i> 🍁 9:30am Rolling Refreshments BW 10:30am Coffee & Croissants LB 10:30am Freddie the Dog visit BW 11:45am Sunday Lunch with Dyllan PDR 1:15pm Sunday Worship GR 2:00pm Rolling Refreshments BW 3:30pm Live Music w/ Bess GR 5:45pm Evening Movie GR 8:20pm Patriots vs. Chiefs LY	15 <i>Circle of Friends Week</i> 🍁 9:30am Rolling Refreshments BW 10:00am Bingo LY 1:15pm Fall Arts and Crafts GR 2:00pm Rolling Refreshments BW 3:30pm Live Music w/ Monique LB 5:45pm Evening Movie GR	16 <i>Circle of Friends Week</i> 🍁 9:30am Rolling Refreshments BW 10:00am Bingo LY 1:15pm Pumpkin Decorating GR 2:00pm Rolling Refreshments BW 3:00pm Vitality Tai Chi LB 3:30pm What's Cooking? GR 5:45pm Evening Movie GR	17 <i>Circle of Friends Week</i> 🍁 9:30am Communion BW 9:30am Rolling Refreshments BW 10:30am Indoor Cycling LY 1:15pm Manicures GR 1:30pm Pet Visits BW 3:30pm Wine & Cheese w/ Tom & Per LB 5:45pm Evening Movie GR	18 <i>Circle of Friends Week</i> 🍁 9:30am Rolling Refreshments BW 10:00am Bingo LY 1:15pm Flower Arranging GR 2:00pm Rolling Refreshments BW 2:30pm Fall Cupcake Decorating GR 5:45pm Evening Movie GR	19 <i>Circle of Friends Week</i> 🍁 9:00am Portland Wheelers O 9:30am Rolling Refreshments BW 10:00am Bingo LY 1:15pm Artistic Expression GR 2:00pm Rolling Refreshments BW 2:30pm Sing-A-Long LY 3:30pm Van Outing O 5:45pm Evening Movie GR	20 <i>Circle of Friends Week</i> 🍁 9:30am Rolling Refreshments BW 10:30am History Club LY 1:30pm Gardening Club CY 2:00pm Rolling Refreshments BW 3:30pm Autumn Crafts GR 5:45pm Evening Movie GR
21 9:30am Rolling Refreshments BW 10:30am Coffee & News LY 11:45am Sunday Lunch with Dyllan PDR 1:00pm Patriots vs. Bears LY 1:15pm Sunday Worship GR 2:00pm Rolling Refreshments BW 3:30pm Live Music w/ Anni LB 5:45pm Evening Movie GR	22 9:30am Rolling Refreshments BW 10:00am Bingo LY 1:15pm Arts and Painting GR 2:00pm Rolling Refreshments BW 3:30pm Mini Golf LB 5:45pm Evening Movie GR	23 9:30am Rolling Refreshments BW 10:00am Bingo LY 1:15pm Fall Crafts GR 2:00pm Rolling Refreshments BW 3:00pm Vitality Tai Chi LB 3:30pm What's Cooking? GR 5:45pm Evening Movie GR	24 9:30am Communion BW 9:30am Rolling Refreshments BW 10:30am Chair Yoga CY 1:15pm Manicures GR 3:30pm Wine & Cheese w/ Sorcha & Per LB 5:45pm Evening Movie GR	25 9:30am Rolling Refreshments BW 9:45am Creative Painting w/ Nancy LY 1:15pm Travel Club LY 2:00pm Rolling Refreshments BW 3:00pm Outside Walks O 5:45pm Evening Movie GR	26 9:30am Rolling Refreshments BW 10:30am Artistic Expression GR 1:15pm Jewelry Making GR 2:00pm Rolling Refreshments BW 2:30pm Sing-A-Long LY 3:30pm Van Outing O 5:45pm Evening Movie GR	27 9:30am Rolling Refreshments BW 10:30am Travel Club LY 1:30pm What's Cooking? GR 2:00pm Rolling Refreshments BW 3:30pm Apple Cider Social LB 5:45pm Evening Movie GR
28 9:30am Rolling Refreshments BW 10:30am Freddie the Dog visit BW 11:45am Sunday Lunch with Dyllan PDR 1:15pm Sunday Worship GR 2:00pm Rolling Refreshments BW 3:30pm Live Music w/ Sorcha LB 5:45pm Evening Movie GR	29 9:30am Rolling Refreshments BW 10:00am Bingo LY 1:15pm Halloween Crafts GR 2:00pm Rolling Refreshments BW 3:30pm Resident Council LY 5:45pm Evening Movie GR 8:15pm Patriots vs. Bills LY	30 9:30am Rolling Refreshments BW 10:00am Bingo LY 1:15pm Arts and Crafts GR 2:00pm Rolling Refreshments BW 3:00pm Vitality Tai Chi LB 3:30pm Cookie Decorating GR 5:45pm Evening Movie GR	31 HALLOWEEN 9:30am Communion BW 9:30am Rolling Refreshments BW 10:30am Walking Club BW 1:15pm Manicures GR 3:30pm Wine & Cheese w/ Jose LB 5:45pm Evening Movie GR			

Activity Locations

CY	Center Courtyard
GR	Game Room (Stroudwater)
LB	Lobby
LY	Library
PM	Payson Movie Room
SA	Salon
SCY	Secure Courtyard

SDR	Secure Dining Room
SSR	Secure Sitting Room
DR	Dining Room
BW	Building Wide
DRP	Patio outside DR
O	Outside
PDR	Private Dining Room

Meal Times

Breakfast	7:45am
Lunch	11:45am
Dinner	4:45pm

Special lunches are listed on the calendar