

November

Payson Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:45am Rolling Refreshments BW 9:45am Creative Painting w/ Nancy LY 10:45am All Saint's Day Chat SSR 11:45am Lovely Ladies Luncheon PDR 1:15pm Travel Club SSR 2:15pm Rolling Refreshments BW 3:00pm Walking Yoga O 6:15pm Evening Movie PM	2 9:45am Rolling Refreshments BW 10:30am Ukulele Lee LY 10:45pm Walks Outside CY 1:15pm Fall Crafts SSR 2:15pm Rolling Refreshments BW 2:30pm Photography Club SSR 3:30pm Van Outing O 6:15pm Aromatherapy SSR	3 9:45am Rolling Refreshments BW 10:45am Ball Toss SSR 1:15pm Complete the Phrase SSR 2:15pm Rolling Refreshments BW 3:30pm Ice Cream Social LB 6:15pm Story Telling SSR
4 9:45am Rolling Refreshments BW 10:45am Sing-A-Long SSR 10:45am Freddie the Dog Visit BW 11:45am Sunday Lunch with Dyllan PDR 1:30pm Sunday Worship GR 2:15pm Rolling Refreshments BW 3:30pm Live Music w/ Lee Todd LB 6:15pm Poetry Time SSR 8:20pm Patriots vs. Packers LY	5 9:45am Rolling Refreshments BW 10:45am Morning Exercise SSR 1:15pm Fall Observation CY 2:15pm Rolling Refreshments BW 3:30pm Fall Crafts SSR 6:15pm Evening Movie PM	6 9:45am Rolling Refreshments BW 10:45am Chair Yoga SSR 1:15pm Creative Coloring SSR 2:15pm Rolling Refreshments BW 3:00pm Autumn Poems LB 3:30pm Vitality Tai Chi LB 6:15pm Music & Massage SSR	7 9:30am Communion BW 9:45am Rolling Refreshments BW 10:45am Prayer Reading SSR 11:45am Out to Lunch with Barry PDR 1:15pm Manicures & Massage SSR 2:15pm Rolling Refreshments BW 3:30pm Wine & Cheese w/ Jose LB 6:15pm Story Telling SSR	8 9:45am Rolling Refreshments BW 10:45am National Geographic SSR 11:45am Lovely Ladies Luncheon PDR 1:15pm Artistic Expression SSR 2:15pm Rolling Refreshments BW 3:30pm Poetry Club SSR 6:15pm Sing Along Video PM	9 9:45am Rolling Refreshments BW 10:45am Looking for Fall CY 1:15pm Photography Club SSR 2:15pm Rolling Refreshments BW 2:30pm Painting Club O 3:30pm Van Outing O 4:15pm Outdoor Activities CY 6:15pm Aromatherapy SSR	10 9:45am Rolling Refreshments BW 10:45am Morning Stretch SSR 1:15pm Complete the Phrase SSR 2:15pm Rolling Refreshments BW 3:30pm Poetry Club SSR 3:30pm Apple Cider Social LB 6:15pm Story Telling SSR
11 Circle of Friends Week 🍁 9:45am Rolling Refreshments BW 10:45am Sing-A-Long SSR 11:45am Sunday Lunch with Dyllan PDR 1:00pm Patriots vs. Titans LY 1:30pm Sunday Worship GR 2:15pm Rolling Refreshments BW 3:30pm Live Music w/ Bess LB 6:15pm Poetry Time SSR	12 Circle of Friends Week 🍁 9:45am Rolling Refreshments BW 10:45am Morning Exercise SSR 1:15pm Beauty of the Season SS 2:15pm Rolling Refreshments BW 3:30pm Live Music w/ Monique LB 6:15pm Evening Movie PM	13 Circle of Friends Week 🍁 9:45am Rolling Refreshments BW 10:45am Dancing with Daniela SSR 1:15pm Flower Arranging SSR 2:15pm Rolling Refreshments BW 3:00pm Vitality Tai Chi LB 4:00pm Walking Yoga SSR 6:15pm Music & Massage SSR	14 Circle of Friends Week 🍁 9:30am Communion BW 9:45am Rolling Refreshments BW 10:45am National Geographic SSR 11:45am Out to Lunch with Barry PDR 1:15pm Manicure & Massage SSR 2:15pm Rolling Refreshments BW 3:30pm Wine & Cheese w/ Glenn LB 6:15pm Story Telling SSR	15 Circle of Friends Week 🍁 9:45am Rolling Refreshments BW 9:45am Creative Painting w/ Nancy LY 10:45am Morning Exercise SSR 11:30am Lovely Ladies Luncheon PDR 1:15pm Travel Club SSR 2:15pm Poetry Club BW 3:30pm Pumpkin Decorating SSR 6:15pm Sing Along Video PM	16 Circle of Friends Week 🍁 9:45am Rolling Refreshments BW 10:45am Beach Ball Games SSR 1:15pm Fall Watercolor Painting SSR 2:15pm Rolling Refreshments BW 2:30pm Van Outing O 3:00pm Outdoor Activities CY 6:15pm Aromatherapy in Fall SSR	17 Circle of Friends Week 🍁 9:45am Rolling Refreshments BW 10:45am Sing-A-Long SSR 1:15pm Word Games SSR 2:15pm Rolling Refreshments BW 3:30pm Walks Outside CY 6:15pm Story Telling SSR
18 9:45am Rolling Refreshments BW 10:45am Sing-A-Long SSR 10:45am Freddie the Dog Visit BW 11:45am Sunday Lunch with Dyllan PDR 1:30pm Sunday Worship GR 2:15pm Rolling Refreshments BW 3:30pm Live Music w/ Anni LB 6:15pm Poetry Time SSR	19 9:45am Rolling Refreshments BW 10:45am Photography Club SSR 1:15pm Gardening Club SCY 2:15pm Rolling Refreshments BW 3:30pm Resident Council Meeting LY 6:15pm Evening Movie PM	20 9:45am Rolling Refreshments BW 10:45am Beach Ball Games SSR 1:15pm Artistic Expression SSR 2:15pm Rolling Refreshments BW 3:00pm Vitality Tai Chi LB 4:00pm Crafting Projects SSR 6:15pm Music & Massage SSR	21 9:30am Communion BW 9:45am Rolling Refreshments BW 10:45am Artistic Expression SSR 11:45am Out to lunch with Barry PDR 1:15pm Manicures & Massages SSR 2:15pm Rolling Refreshments BW 3:30pm Wine & Cheese w/ Flash LB 6:15pm Story Telling SSR	22 THANKSGIVING 9:45am Rolling Refreshments BW 10:45am Fall Watercolor Painting LY 11:45am Thanksgiving Lunch SDR 1:15pm Poetry Club SSR 2:15pm Photography Club SSR 2:30pm Rolling Refreshments BW 4:00pm Beach Ball Games SSR 6:15pm Sing Along Video PM	23 9:45am Rolling Refreshments BW 10:45am Artistic Expression SSR 1:15pm Beach Ball Games SSR 2:15pm Rolling Refreshments BW 3:00pm Origins SSR 3:30pm Van Outing O 6:15pm Aromatherapy SSR	24 9:45am Rolling Refreshments BW 10:45am Balloon Volleyball SSR 1:15pm Sing-A-Long SSR 2:15pm Rolling Refreshments BW 3:30pm Artistic Expression SSR 3:30pm Apple Cider Social LB 6:15pm Story Telling SSR
25 9:45am Rolling Refreshments BW 10:45am Sing-A-Long SSR 11:45am Sunday Lunch with Dyllan PDR 1:00pm Patriots vs. Jets LY 1:30pm Sunday Worship GR 2:15pm Rolling Refreshments BW 3:30pm Live Music w/ Sorcha LB 6:15pm Poetry Time SSR	26 9:45am Rolling Refreshments BW 10:45am Morning Exercise SSR 1:15pm Watercolor Painting SSR 2:15pm Rolling Refreshments BW 3:30pm Packing for a Picnic SSR 6:15pm Evening Movie PM	27 9:45am Rolling Refreshments BW 10:45am National Geographic SSR 1:15pm Beach Ball Games SSR 2:15pm Rolling Refreshments BW 3:00pm Vitality Tai Chi LB 4:00pm Walks Outside CY 6:15pm Music and Massage SSR	28 9:30am Communion BW 9:45am Rolling Refreshments BW 10:45am Prayer Reading SSR 11:45am Out to Lunch with Barry PDR 1:15pm Manicures & Massage SSR 2:15pm Rolling Refreshments BW 3:30pm Wine & Cheese w/ Sorcha & Per LB 6:15pm Story Telling SSR	29 9:45am Rolling Refreshments BW 10:45am National Geographic SSR 11:45am Lovely Ladies Luncheon PDR 1:15pm Artistic Expression SSR 2:15pm Rolling Refreshments BW 3:30pm Poetry Club SSR 6:15pm Sing Along Video PM	30 9:45am Rolling Refreshments BW 10:45pm Chair Yoga SSR 1:15pm Fall Crafts SSR 2:15pm Rolling Refreshments BW 2:30pm Photography Club SSR 3:30pm Van Outing O 6:15pm Aromatherapy SSR	

Activity Locations

CY	Center Courtyard
GR	Game Room (Stroudwater)
LB	Lobby
LY	Library
PM	Payson Movie Room
SA	Salon
SCY	Secure Courtyard

SDR	Secure Dining Room
SSR	Secure Sitting Room
DR	Dining Room
BW	Building Wide
DRP	Patio outside DR
O	Outside
PDR	Private Dining Room

Meal Times

Breakfast	7:45am
Lunch	11:45am
Dinner	4:45pm

Special lunches are listed on the calendar

