

December

Payson Activities

SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY																														
																		1 9:45am Rolling Refreshments BW 10:45am Ball Toss SSR 1:15pm Complete the Phrase SSR 2:15pm Rolling Refreshments BW 3:30pm Hot Cocoa & Poetry LB 6:15pm Story Telling SSR																														
2 9:45am Rolling Refreshments BW 10:45am Freddie the Dog Visit BW 11:45am Sunday Lunch with Dyllan PDR 1:30pm Sunday Worship GR 2:15pm Rolling Refreshments BW 3:30pm Live Music w/ Lee Todd CY 4:45pm Patriots vs. Vikings LY 6:15pm Poetry Time SSR			3 9:45am Rolling Refreshments BW 10:45am Morning Exercise SSR 1:15pm Bird Watching CY 2:15pm Rolling Refreshments BW 3:30pm Holiday Crafts SSR 5:45pm Evening Movie PM			4 9:45am Rolling Refreshments BW 10:45am Chair Yoga SSR 1:15pm Creative Coloring SSR 2:15pm Rolling Refreshments BW 3:00pm Vitality Tai Chi LB 3:45pm Winter Poetry SSR 6:15pm Music & Massage SSR			5 9:45am Communion BW 9:45am Rolling Refreshments BW 10:45am Prayer Reading SSR 11:45am Out to Lunch w/ Barry PDR 1:15pm Manicures & Massage SSR 3:30pm Wine & Cheese w/ Glenn LB 6:15pm Story Telling SSR			6 9:45am Rolling Refreshments BW 9:45am Creativing Painting w/ Nancy LY 10:45am National Geographic SSR 11:45am Lovely Ladies Luncheon PDR 1:15pm Spa Day SSR 2:15pm Rolling Refreshments BW 3:00pm Deck the Halls SSR 6:00pm Holiday Party LB			7 9:45am Rolling Refreshments BW 10:30am Ukulele Lee LY 10:45am Morning Exercise SSR 1:15pm Photography Club SSR 2:15pm Rolling Refreshments BW 2:45pm Holiday Crafts SSR 3:30pm Festival of Lights O 6:15pm Aromatherapy SSR			8 9:45am Rolling Refreshments BW 10:45am Morning Stretch SSR 1:15pm Complete the Phrase SSR 2:15pm Rolling Refreshments BW 3:00pm Northern Lights LB Chorale of Maine 6:15pm Story Telling SSR																														
9 Circle of Friends Week 9:45am Rolling Refreshments BW 10:45am Sing-A-Long SSR 11:45am Sunday Lunch with Dyllan PDR 1:00pm Patriots vs. Dolphins LY 1:30pm Sunday Worship GR 2:15pm Rolling Refreshments BW 3:30pm Holiday Crafting SSR 6:15pm Poetry Time SSR			10 Circle of Friends Week 9:45am Rolling Refreshments BW 10:45am Morning Exercise SSR 1:15pm Watercolor Painting SSR 2:15pm Rolling Refreshments BW 3:30pm Live Music w/ Bess LY 6:15pm Evening Movie PM			11 Circle of Friends Week 9:45am Rolling Refreshments BW 10:45am Dancing with Daniela SSR 1:15pm Flower Arranging SSR 2:15pm Rolling Refreshments BW 3:00pm Vitality Tai Chi LB 4:00pm Walking Yoga BW 6:15pm Music & Massage SSR			12 Circle of Friends Week 9:45am Communion BW 9:45am Rolling Refreshments BW 10:45am National Geographic SSR 11:45am Out to Lunch w/ Barry PDR 1:15pm Manicures & Massage SSR 3:30pm Wine & Cheese w/ Sorcha & Per LB 6:15pm Story Telling SSR			13 Circle of Friends Week 9:45am Rolling Refreshments BW 10:45am Ball Toss SSR 11:45am Lovely Ladies Luncheon PDR 1:15pm Artistic Expression SSR 2:15pm Rolling Refreshments BW 3:30pm Poetry Club SSR 6:15pm Sing-A-Long Video PM			14 Circle of Friends Week 9:45am Rolling Refreshments BW 10:45am Christmas Decorating SSR 1:15pm Photography Club SSR 2:15pm Rolling Refreshments BW 2:45pm Painting Club SSR 3:30pm Van Outing O 6:15pm Aromatherapy SSR			15 Circle of Friends Week 9:45am Rolling Refreshments BW 10:45am Sing-A-Long SSR 1:15pm Word Games SSR 2:15pm Rolling Refreshments BW 3:30pm Walks Inside/Out BW/O 6:15pm Story Telling SSR																														
16 9:45am Rolling Refreshments BW 10:45am Freddie the Dog Visit BW 11:45am Sunday Lunch with Dyllan PDR 1:30pm Sunday Worship GR 2:15pm Rolling Refreshments BW 3:30pm Live Music w/ Sorcha LB 4:45pm Patriots vs. Steelers LY 6:15pm Poetry Time SSR			17 9:45am Rolling Refreshments BW 10:45am Morning Exercise SSR 1:15pm Beauty of the Season SSR 2:15pm Rolling Refreshments BW 3:30pm Live Music w/ Monique LB 6:15pm Evening Movie PM			18 9:45am Rolling Refreshments BW 10:45am Ball Toss SSR 1:15pm Artistic Expression SSR 2:15pm Rolling Refreshments BW 3:00pm Vitality Tai Chi LB 4:15pm Winter Poetry SSR 6:15pm Music & Massage SSR			19 9:45am Communion BW 9:45am Rolling Refreshments BW 10:45am Sing-A-Long SSR 11:45am Out to Lunch w/ Barry PDR 1:15pm Manicures & Massage SSR 3:30pm Wine & Cheese w/ Jose LB 6:15pm Story Telling SSR			20 9:45am Rolling Refreshments BW 9:45am Creative Painting w/ Nancy LY 10:45am Morning Exercise SSR 11:45am Lovely Ladies Luncheon PDR 1:15pm Travel Club SSR 2:15pm Rolling Refreshments BW 3:30pm Holiday Decorating SSR 6:15pm Sing-A-Long Video PM			21 9:45am Rolling Refreshments BW 10:45am Ball Toss SSR 1:15pm Winter Watercolors SSR 2:15pm Rolling Refreshments BW 2:45pm Winter Poetry SSR 3:30pm Van Outing O 6:15pm Aromatherapy SSR			22 9:45am Rolling Refreshments BW 10:45am Balloon Volleyball SSR 1:15pm Sing-A-Long SSR 2:15pm Rolling Refreshments BW 3:30pm Egg Nog Social LB 6:15pm Story Telling SSR																														
23 9:45am Rolling Refreshments BW 10:45am Sing-A-Long SSR 11:45am Sunday Lunch with Dyllan PDR 1:00pm Patriots vs. Bills LY 1:30pm Sunday Worship GR 2:15pm Rolling Refreshments BW 3:30pm Live Music w/ Flash LB 6:15pm Poetry Time SSR			24 9:45am Rolling Refreshments BW 10:45am Manicures & Massage SSR 1:15pm Cookie Decorating SSR 2:15pm Rolling Refreshments BW 3:30pm Flower Arranging SSR 6:15pm Evening Movie PM			25 CHRISTMAS 9:45am Rolling Refreshments BW 10:45am Morning Exercise SSR 1:15pm Prayer Reading SSR 2:15pm Rolling Refreshments BW 3:00pm Vitality Tai Chi LB 3:30pm Christmas Caroling SSR 6:15pm Music & Massage SSR			26 9:45am Communion BW 9:45am Rolling Refreshments BW 10:45am National Geographic SSR 11:45am Out to Lunch w/ Barry PDR 1:15pm Photography Club SSR 3:30pm Wine & Cheese w/ Laurence LY 6:15pm Story Telling SSR			27 9:45am Rolling Refreshments BW 10:45am Ball Toss SSR 11:45am Lovely Ladies Luncheon PDR 1:15pm Artistic Expression SSR 2:15pm Rolling Refreshments BW 3:30pm Poetry Club SSR 6:15pm Sing-A-Long Video SSR			28 9:45am Rolling Refreshments BW 10:45am Chair Yoga SSR 1:15pm Winter Crafts SSR 2:15pm Rolling Refreshments BW 2:45pm Photography Club SSR 3:30pm Van Outing O 6:15pm Aromatherapy SSR			29 9:45am Rolling Refreshments BW 10:45am Ball Toss SSR 1:15pm Complete the Phrase SSR 2:15pm Rolling Refreshments BW 3:30pm Holiday Un-Decorating BW 6:15pm Story Telling SSR																														
30 9:45am Rolling Refreshments BW 10:45am Sing-A-Long SSR 11:45am Sunday Lunch with Dyllan PDR 1:00pm Patriots vs. Jets LY 1:30pm Sunday Worship GR 2:15pm Rolling Refreshments BW 3:30pm Live Music w/ Per & Tom LB 6:15pm Poetry Time SSR			31 NEW YEAR'S EVE 9:45am Rolling Refreshments BW 10:45am Morning Exercise SSR 1:15pm Winter Arts and Crafts SSR 2:15pm Rolling Refreshments BW 3:30pm Flower Arranging SSR 6:15pm Evening Movie PM						Activity Locations																																							
			<table border="1"> <tr><td>CY</td><td>Center Courtyard</td></tr> <tr><td>GR</td><td>Game Room (Stroudwater)</td></tr> <tr><td>LB</td><td>Lobby</td></tr> <tr><td>LY</td><td>Library</td></tr> <tr><td>PM</td><td>Payson Movie Room</td></tr> <tr><td>SA</td><td>Salon</td></tr> <tr><td>SCY</td><td>Secure Courtyard</td></tr> </table>						CY	Center Courtyard	GR	Game Room (Stroudwater)	LB	Lobby	LY	Library	PM	Payson Movie Room	SA	Salon	SCY	Secure Courtyard	<table border="1"> <tr><td>SDR</td><td>Secure Dining Room</td></tr> <tr><td>SSR</td><td>Secure Sitting Room (Payson)</td></tr> <tr><td>DR</td><td>Dining Room</td></tr> <tr><td>BW</td><td>Building Wide</td></tr> <tr><td>DRP</td><td>Patio outside DR</td></tr> <tr><td>O</td><td>Outside</td></tr> <tr><td>PDR</td><td>Private Dining Room</td></tr> </table>			SDR	Secure Dining Room	SSR	Secure Sitting Room (Payson)	DR	Dining Room	BW	Building Wide	DRP	Patio outside DR	O	Outside	PDR	Private Dining Room	<table border="1"> <tr><td>Breakfast</td><td>7:45am</td></tr> <tr><td>Lunch</td><td>11:45am</td></tr> <tr><td>Dinner</td><td>4:45pm</td></tr> </table>			Breakfast	7:45am	Lunch	11:45am	Dinner	4:45pm
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Special Meal Times Listed on Calendar																																																