



Payson Activities

SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY																																								
															1	9:45am Rolling Refreshments BW	10:30am Ukulele Lee LY	1:15pm Photography Club SSR	2:15pm Rolling Refreshments BW	3:30pm Painting Club SSR	6:15pm Aromatherapy SSR	2	9:45am Rolling Refreshments BW	10:45am Morning Exercise - Ball Toss SSR	1:15pm Complete the Phrase SSR	2:15pm Rolling Refreshments BW	3:30pm Chorus SSR	6:15pm Story Telling SSR																														
3	9:45am Rolling Refreshments BW	10:45am Freddie the Dog Visit BW	11:45am Sunday Lunch with Dyllan PDR	1:30pm Sunday Worship GR	2:15pm Rolling Refreshments BW	3:30pm Live Music w/ Lee Todd CY	6:15pm Evening Engagement SSR	4	9:45am Rolling Refreshments BW	10:45am Morning Stretches SSR	1:15pm Expression in Colors SSR	2:15pm Rolling Refreshments BW	3:30pm Cookie Decorating SSR	5:45pm Evening Movie PM	5	9:45am Rolling Refreshments BW	10:45am Ball Toss SSR	1:15pm Flower Arranging SSR	2:15pm Rolling Refreshments BW	3:00pm Vitality Tai Chi LB	4:00pm Travel Club LB	6:15pm Music & Massage SSR	6	9:45am Communion BW	9:45am Rolling Refreshments BW	10:45am Chorus PMR	11:45am Lunch with Barry PDR	1:15pm Manicures & Massage SSR	3:30pm Wine & Cheese w/ Jose LB	6:15pm Story Telling SSR	7	9:45am Rolling Refreshments BW	9:45am Creative Painting w/ Nancy LY	11:45am Lovely Ladies Luncheon PDR	1:15pm Volleyball SSR	2:15pm Rolling Refreshments BW	3:30pm Dancing With Daniela SSR	6:15pm Chorus Video PM	8	9:45am Rolling Refreshments BW	10:45am Chair Yoga SSR	1:15pm Photography Club SSR	2:15pm Rolling Refreshments BW	3:30pm Painting Club SSR	6:15pm Aromatherapy SSR	9	9:45am Rolling Refreshments BW	10:45am Poetry SSR	1:15pm Complete the Phrase SSR	2:15pm Rolling Refreshments BW	3:30pm Chorus LB	6:15pm Story Telling SSR						
10	9:45am Rolling Refreshments BW	10:45am Chorus SSR	11:45am Sunday Lunch with Dyllan PDR	1:30pm Sunday Worship GR	2:15pm Rolling Refreshments BW	3:30pm Live Music w/ Bess SSR	6:15pm Evening Engagement SSR	11	9:45am Rolling Refreshments BW	10:45am Morning Stretches SSR	1:15pm Expression in Colors SSR	2:15pm Rolling Refreshments BW	3:30pm Live Music w/ Monique LB	6:15pm Evening Movie PM	12	9:45am Rolling Refreshments BW	10:45am Ball Toss SSR	1:15pm Flower Arranging SSR	2:15pm Rolling Refreshments BW	3:00pm Vitality Tai Chi LB	4:00pm Travel Club BW	6:15pm Music & Massage SSR	13	9:45am Communion BW	9:45am Rolling Refreshments BW	10:45am Chorus PMR	11:45am Lunch with Barry PDR	1:15pm Manicures & Massage SSR	3:30pm Wine & Cheese w/ Glenn LB	6:15pm Story Telling SSR	14	9:45am Rolling Refreshments BW	10:45am National Geographic SSR	11:45am Lovely Ladies Luncheon PDR	1:15pm Volleyball SSR	2:15pm Rolling Refreshments BW	3:30pm Dancing With Daniela SSR	6:15pm Chorus Video PM	15	9:45am Rolling Refreshments BW	10:45am Chair Yoga SSR	1:15pm Photography Club SSR	2:15pm Rolling Refreshments BW	3:30pm Painting Club SSR	6:15pm Aromatherapy SSR	16	9:45am Rolling Refreshments BW	10:45am Morning Exercise - Ball Toss SSR	1:15pm Poetry SSR	2:15pm Rolling Refreshments BW	3:30pm Complete the Phrase SSR	6:15pm Story Telling SSR						
17	Saint Patrick's Day		9:45am Rolling Refreshments BW	10:45am Freddie the Dog Visit BW	11:45am Sunday Lunch with Dyllan PDR	1:30pm Sunday Worship GR	2:15pm Rolling Refreshments BW	3:30pm Live Music w/ Lee Todd CY	6:15pm Evening Engagement SSR	18	9:45am Rolling Refreshments BW	10:45am Morning Stretches SSR	1:15pm Expression in Colors SSR	2:15pm Rolling Refreshments BW	3:30pm Cookie Decorating SSR	5:45pm Evening Movie PM	19	9:45am Rolling Refreshments BW	10:45am Ball Toss SSR	1:15pm Flower Arranging SSR	2:15pm Rolling Refreshments BW	3:00pm Vitality Tai Chi LB	3:30pm Ukulele w/ Barbara LB	4:00pm Travel Club SSR	6:15pm Music & Massage SSR	20	First Day of Spring		9:45am Communion BW	9:45am Rolling Refreshments BW	10:45am Chorus PMR	11:45am Lunch with Barry PDR	1:15pm Manicures & Massage SSR	3:30pm Wine & Cheese w/ Per & Sorcha LB	6:15pm Story Telling SSR	21	9:45am Rolling Refreshments BW	10:45am Books on Wheels SSR	11:45am Lovely Ladies Luncheon PDR	1:15pm Volleyball SSR	2:15pm Rolling Refreshments BW	3:30pm Dancing With Daniela SSR	6:15pm Chorus Video PM	22	9:45am Rolling Refreshments BW	10:45am Chair Yoga SSR	11:45am Men's Council PDR	1:15pm Photography Club SSR	2:15pm Rolling Refreshments BW	3:30pm Painting Club SSR	6:15pm Aromatherapy SSR	23	9:45am Rolling Refreshments BW	10:45am Poetry SSR	1:15pm Complete the Phrase SSR	2:15pm Rolling Refreshments BW	3:30pm Chorus LB	6:15pm Story Telling SSR
24	9:45am Rolling Refreshments BW	10:45am Chorus SSR	11:45am Sunday Lunch with Dyllan PDR	1:30pm Sunday Worship GR	2:15pm Rolling Refreshments BW	3:30pm Live Music w/ Sorcha CY	6:15pm Evening Engagement SSR	25	9:45am Rolling Refreshments BW	10:45am Morning Stretches SSR	1:15pm Expression in Colors SSR	2:15pm Rolling Refreshments BW	3:30pm Chocolate Dipping SSR	6:15pm Evening Movie PM	26	9:45am Rolling Refreshments BW	10:45am Ball Toss SSR	1:15pm Prayer Reading SSR	2:15pm Rolling Refreshments BW	3:00pm Vitality Tai Chi LB	4:00pm Travel Club SSR	6:15pm Music & Massage SSR	27	9:45am Communion BW	9:45am Rolling Refreshments BW	10:45am Chorus PMR	11:45am Lunch with Barry PDR	1:15pm Manicures & Massage SSR	3:30pm Wine & Cheese w/ Flash LB	6:15pm Story Telling SSR	28	9:45am Rolling Refreshments BW	9:45am Creative Painting w/ Nancy LY	11:45am Lovely Ladies Luncheon PDR	1:15pm Volleyball SSR	2:15pm Rolling Refreshments BW	3:30pm Dancing With Daniela SSR	6:15pm Sing-A-Long Video SSR	29	9:45am Rolling Refreshments BW	10:45am Chair Yoga SSR	1:15pm Photography Club SSR	2:15pm Rolling Refreshments BW	3:30pm Painting Club LB	6:15pm Aromatherapy SSR	30	9:45am Rolling Refreshments BW	10:45am Morning Exercise - Ball Toss SSR	1:15pm Complete the Phrase SSR	2:15pm Rolling Refreshments BW	3:30pm Chorus SSR	6:15pm Story Telling SSR						

Activity Locations

CY	Center Courtyard	SDR	Secure Dining Room
GR	Game Room (Stroudwater)	SSR	Secure Sitting Room (Payson)
LB	Lobby	DR	Dining Room
LY	Library	BW	Building Wide
PM	Payson Movie Room	DRP	Patio outside DR
SA	Salon	O	Outside
SCY	Secure Courtyard	PDR	Private Dining Room

Meal Times

Breakfast	7:45am
Lunch	11:45am
Dinner	4:45pm

Special Meal Times Listed on Calendar

31	9:45am Rolling Refreshments BW	10:45am Freddie the Dog Visit BW	11:45am Sunday Lunch with Dyllan PDR	1:30pm Sunday Worship GR	2:15pm Rolling Refreshments BW	3:30pm Word Games PM	6:15pm Evening Engagement SSR
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